



EAR, NOSE & THROAT | NORTH

Medications to Stop Before an Allergy Test

Some medications can interfere with allergy skin testing and may need to be stopped before your appointment. **Never stop a prescription medication without first discussing it with the prescribing physician.**

Medication Type	Examples	When to Stop
Topical Corticosteroids	aclometasone (Aclovate), amcinonide (Cyclocort), betamethasone (Diprolene, Betanate, Beta-Val), clobetasol (Clobex, Olux, Temovate), desonide (Desonate, Desowen, Lokara, Vereso), desoximetasone (Topicort), diflorasone (Apexicon), fluocinolone (Synalar), fluocinonide (Vanos, Lidex), flurandrenolide (Cordran), fluticasone (Cutivate), halcinonide (Halog), halobetasol (Ultravate), hydrocortisone (Locoid, Pandel, Westcort), mometasone (Elocon), triamcinolone (Cinalog, Kenalog, Triderm)	21 days (only in the area to be tested)
*Tricyclic Antidepressants	amitriptyline, amoxapine, clomipramine, desipramine, doxepin, imipramine, nortriptyline, protriptyline, trimipramine (see brand names provided by your prescriber)	14 days
*Atypical Antidepressants & Sedatives	bupropion (Wellbutrin), eszopiclone (Lunesta), mirtazapine (Remeron), quetiapine (Seroquel), trazodone (Oleptro), zolpidem (Ambien)	14 days
Second & Third Generation Antihistamines	cetirizine (Zyrtec), desloratadine (Clarinex), fexofenadine (Allegra), levocetirizine (Xyzal), loratadine (Claritin, Alavert)	7 days
*Benzodiazepines	alprazolam, clonazepam, diazepam, lorazepam, midazolam	7 days
*Beta-blockers (oral & eye drops)	Acebutolol, Atenolol, Betaxolol, Bisoprolol, Carteolol, Carvedilol, Esmolol, Labetalol, Levobunolol, Levobetaxolol, Metipranolol, Metoprolol, Nadolol, Penbutolol, Pindolol, Propranolol, Sotalol, Timolol	5 days
First Generation Antihistamines	azatadine, brompheniramine, carbinoxamine, chlorpheniramine, clemastine, cyproheptadine, dexchlorpheniramine, diphenhydramine (Benadryl), dimenhydrinate, hydroxyzine, ketotifen, meclizine, methdilazine, phenindamine, promethazine, pyrilamine, trimethobenzamide/trimaparazine, tripeleminamine, triprolidine	5 days
H2 Blockers	cimetidine (Tagamet), famotidine (Pepcid), ranitidine (Zantac)	2 days
Antihistamine Nasal Spray	azelastine (Astelin, Astepro, Patanase, Dymista)	1 day
Antihistamine Eye Drops	azelastine (Optivar), olopatadine (Pataday, Patanol)	1 day

Immunomodulators	omalizumab (Xolair); other biologics are unknown—discuss with your physician	6 months
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***Important:** Medications marked with an asterisk should **NOT** be stopped without discussing them with the physician who prescribed them. Stopping these medications without proper instructions could be dangerous.

Questions? Please contact ENT of Georgia North at **(404) 252-7368**.