



## Preoperative Instructions for Aspirin and Blood-Thinning Medications

### Before Surgery

Unless your surgeon instructs otherwise, stop taking aspirin, ibuprofen, vitamin E, and aspirin-containing products **2 weeks before surgery**. Aspirin and NSAIDs can increase the risk of bleeding during and after surgery.

### Common medications to avoid include:

Advil®, Aleve®, Alka-Seltzer®, Anacin®, Aspirin®, Bayer®, BC Powder®, Bufferin®, Excedrin®, Goody's®, Ibuprofen (Motrin®, Advil®), Midol®, Naproxen (Aleve®), Pamprin®, and similar aspirin- or ibuprofen-containing products.

### If you need pain relief before surgery:

Tylenol® (acetaminophen) is generally acceptable unless your physician instructs otherwise.

### Questions?

Please contact our office before stopping any prescribed blood thinner or if you are unsure whether a medication is safe to take.

### ENT of Georgia North

Questions or concerns? Please call **(404) 252-7368**.