



### VivAer® Procedure Post-Treatment Instructions

<b>Patient Name</b>	_____
<b>Procedure Date</b>	_____
<b>First Few Days</b>	<ul style="list-style-type: none"> <li>• Mild inflammation and tenderness at the treatment site are expected.</li> <li>• Mild bloody drainage may occur, especially after nasal rinses.</li> <li>• Contact our office if you experience bright red or heavy bleeding.</li> <li>• If you need to blow your nose, do so gently.</li> <li>• Do not pinch or manipulate the treatment area.</li> </ul>
<b>First 3 Weeks</b>	<ul style="list-style-type: none"> <li>• Nasal congestion and crusting are common.</li> <li>• You may use nasal sprays/rinses as directed: _____</li> <li>• You may apply ointment to the treatment area as directed: _____</li> </ul>
<b>Activities</b>	Most patients may return to normal activities the same day.
<b>Symptom Improvement</b>	Most patients begin to notice improvement between 2 and 6 weeks after treatment.
<b>Additional Notes</b>	_____ _____ _____
<b>Contact</b>	Please contact our office with any questions or concerns: (404) 252-7368