



RhinAer® Procedure Post-Treatment Instructions

Patient Name	_____
Procedure Date	_____
First Few Days	<ul style="list-style-type: none"> • Avoid blowing your nose during the first week after your procedure. • Mild bloody drainage may occur, especially after nasal rinses. • Contact our office if you have bright red or heavy bleeding. • Perform nasal rinses as recommended. • Keep the inside of your nose moist using saline spray as recommended.
First 3 Weeks	<ul style="list-style-type: none"> • Temporary congestion, increased sensitivity, and/or mild pain are expected during healing. • If needed, you may use pain medication such as: _____ • Continue using any prescribed rhinitis medications unless instructed otherwise.
Activities	Most patients may return to normal activities the same day.
Symptom Improvement	Most patients begin to notice improvement between 2 and 6 weeks after treatment.
Additional Notes	_____ _____ _____
Contact	Please contact our office with any questions or concerns: (404) 252-7368