



## Ear Tube Postoperative Instructions

<b>Diet</b>	No dietary restrictions.
<b>Activity</b>	<p>You may shower after the procedure.</p> <p>If you received anesthesia, you may resume your regular activities once you have recovered from anesthesia (usually 1 day after surgery).</p>
<b>Medications</b>	<p>You will receive a prescription for ear drops. Your surgeon may ask you to begin using them on the day of surgery. If not, follow these instructions.</p> <p>If you have drainage from the ears that persists for 2 days after surgery, begin using 4 drops in each ear twice daily for 5 days.</p> <p>Refills are available if you need the drops in the future for ear infections.</p>
<b>Ear Drainage</b>	<p>Now that a tube has been placed into the eardrum, fluid from the middle ear may drain out—this is the purpose of the tube.</p> <p>Bloody, clear, or yellow drainage is expected for 1–2 days after tube placement.</p> <p>If drainage continues beyond that, begin the ear drops (4 drops in each ear twice daily for 5 days).</p> <p>In the future, if an ear infection or ear fluid develops, it is expected to drain through the tubes.</p>
<b>Contact</b>	<p>Please contact our office with any questions or concerns:  <b>(404) 252-7368</b></p>